

Fairfield Community Schools

Student Assistance Plan

What is a Student Assistance Plan (SAP)?

A Student Assistance Plan is a benefit provided by the school that offers two (2) free counseling sessions through the Bowen Center. There is no co-pay or deductible. Every academic year each student receives another set of two (2) counseling sessions.

Who is covered by this program?

All students are covered. All 11 Bowen Center counseling locations may be accessed for student assistance plan sessions. A student and family may pick any Bowen Center location to receive services.

Is parental consent required?

Yes. For all students under the age of 18, parental consent will be required for treatment. The school may suggest counseling for your child and will work in communication with parents.

Where are Bowen Center offices located?

Bowen Center has locations in Albion, Angola, Auburn, Columbia City, Fort Wayne, Huntington, LaGrange, Plymouth, Syracuse, Wabash and Warsaw.

How do I set up an appointment?

Simply call the Bowen Center Access department at 1-800-342-5652 and say, "I am a parent of a student and would like to schedule an appointment for my child." A scheduling specialist will assist you with setting it up.

Is the school informed of my child's participation?

No. Privacy laws protect you and your child's private health information unless you give written consent. The school may assist you in making a referral if you wish.

What happens after the initial two (2) SAP sessions?

Bowen Center will provide you with recommendations for continued treatment if needed. You will be provided with the most cost effective method. It is your choice to continue treatment.