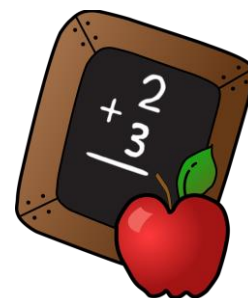


Millersburg News

September 2022



Dates to Remember

Sept 5th – Labor Day-No School
Sept 8th – School Board Meeting 6:00
Sept 12th – PTO Meeting 3:00
Sept 26th – Sept 30th – Scholastic Book Fair
Sept 29th – e-Learning Day – No School
Parent Teachers Conference
Oct 15th – Fish Fry
Nov 2nd – Picture Retakes

Message from the Cafeteria

We are so happy to see all the kids back in the cafeteria and enjoy their smiling faces. Just want to remind everyone that on Tuesday ONLY option 1 is for everyone which is the 1st line item listed on the menu, Option 2 is ONLY for K-2 which is a peanut butter and jelly sandwich with a choice of string cheese or yogurt and crackers. Option 2 Salad either Taco or Chicken depending on the week is for 3-8 ONLY. This is also marked on your lunch menu as well.

Absences

Just a reminder, if your child is absent from school you will need to either call the school or write a note regarding the reason for the absence. Please include first and last name of student as well as teacher name. Failure to make either a phone call or write a note will result in an unexcused absence for your child.

Dismissal

Dismissal for car riders starts at 2:50. If your child has a change in transportation, please call the office prior to 2:30. This allows the office staff enough time to contact your child before the end of the day.

Early Student Pick Up

If you are planning on picking up your child early from school for an appointment, please send in a note to your child's teacher.

Official School Hours

Due to children coming to school early we would like to clarify school start time. Doors open at 7:45 and school starts at 8:00 on Mondays, Tuesdays, Thursdays and Fridays. On Wednesdays due to late start, doors will open at 8:15 and school starts at 8:30. Appropriate staffing measures to provide supervision are not met until these times.

Free or Reduced Lunches/Textbooks

Millersburg Elementary-Middle School receives part of our government funding based on our free/reduced lunch account. If you believe your family qualifies for free or reduced lunches/textbooks, you can fill out a free or reduced lunch application. If you have any questions, please call the office at 642-3074. Applications are available on the Fairfield website or you may pick one up in the school office.

Message from our School Nurse

PARENTS---Please remember that it is required for grades K and 6 to have current vaccinations. KINDERGARTEN needs DTap-5 doses, MMR and Varicella-2 doses, Hepatitis A-2 doses and Hepatitis B-3 doses. GRADE 6 - Meningococcal-1 dose and Tdap-1 dose. Please send a copy of your child's current vaccination record to the school nurse. If you have questions, please contact Kim Espinoza, School Nurse.

**Parenting Tips from Dawn Ernsburger,
Social Worker**

The Differences Between Punishment & Discipline

Punishment grows out of anger and has the goal of releasing our anger by hurting another or comes from the belief that one must suffer or feel worse in order to learn or do better. Common results of the use of punishment: resentment, revenge, rebellion, retreat. Discipline grows out of understanding and compassion and has the goal of guiding and teaching the child internal self-discipline. Common results include: the opportunity to learn from mistakes, cooperation, problem solving skills, responsibility. Where did we parents ever get the idea that in order to make children do better, first we have to make them feel worse? All people do better when they feel better.

Kind and Firm Parenting

The ideal parenting is when we are both kind and firm simultaneously. People need to know they are loved at all times no matter what. When we love this way, it helps people feel secure and safe. For great parenting, be firm. Firm is: give limited choices, state clear expectations, invite cooperation, state a given, negotiate an agreement, say what you want, respond with a question, check the child's understanding, and follow through. If we focus on only one or the other, there are almost always negative outcomes. For more information, see Positive Discipline by Lott and Nelsen.

Parenting Follow Through

If you say it, mean it; if you mean it, do it.

Admit Your Mistakes

We have an opportunity to teach our children to take responsibility for their actions by taking responsibility for our own actions. An example of this, "I can see how I have helped create this power struggle..." Apologize for your actions, when appropriate; it shows them how to do it.

Book Fair

Scholastic Book Fair will be here 09/26/22-09/30/22! Hours will be Monday, Tuesday, Friday 7:50 am-11:15 am, 1:00 pm-3:30 pm; Wednesday 8:20 am-11:15 am, 1:00 pm-3:30 pm; and Thursday 10:00 am-6:00 pm. Volunteers will be needed, so please call the school to schedule a time that you can help. Volunteers get 20% off fair purchases as well as beverages and snacks from Mrs. Christian.

PTO Parent Meeting

All parents are invited to our PTO Parent meetings. The next meeting will be held on Monday, September 12th, 3:00 pm.

Speech & Language News

Speech and Language sessions have started and are in "full swing!" Hearing screenings will be conducted throughout the school year for Kindergarten, 1st, 4th and 7th grades. Look for information coming home about your child's hearing screening. If you have any questions, please feel free to contact the school and let me know. Thank you!! *Mrs. Noward*

Parent Teacher Conference - eLearning Day/No School

There will be no school on Thursday September 29th due to parent teacher conferences. This is considered an eLearning day for students.



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